

1

00:00:00,000 --> 00:00:08,000

Do you want any more nightmares? Everything is fine. When you sleep?

2

00:00:08,000 --> 00:00:11,000

I'm going to ask you a question.

3

00:00:11,000 --> 00:00:13,000

Remember...

4

00:00:13,000 --> 00:00:21,000

In December 1964, a seriously disturbed, dysfunctional couple consulted Dr. Benjamin Simon in Boston.

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00:00:21,000 --> 00:00:23,000

Is there a problem?

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00:00:23,000 --> 00:00:26,000

Are you having visions?

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00:00:26,000 --> 00:00:31,000

Barney and Betty Hill's hypnosis therapy shook the field of ufology.

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00:00:31,000 --> 00:00:33,000

Is it just flashes?

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00:00:33,000 --> 00:00:35,000

No.

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00:00:35,000 --> 00:00:41,000

I'm going to shoot that thing! I'm going to get my gun! I'm going to shoot it now! I'm going to shoot that thing right now!

11

00:00:41,000 --> 00:00:43,000

I'm going to shoot that thing!

12

00:00:43,000 --> 00:00:46,000

Barney, listen to me. Listen to me Barney.

13

00:00:46,000 --> 00:00:52,000

Try this to your calm. Nothing's going to hurt you.

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00:00:56,000 --> 00:00:58,000

I'm going to shoot it.

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00:01:26,000 --> 00:01:32,000

The U.S. Department of Justice

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00:01:39,000 --> 00:01:48,000

It was now no longer possible to discuss UFOs without including alien abductions, a controversial issue.

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00:01:48,000 --> 00:01:53,000

According to surveys, nearly four million Americans fit the profile of an abductee.

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00:01:53,000 --> 00:02:05,000

A growing number of victims think they have an implant somewhere in their body, tracking their moves, their state, their metabolism, and even their thoughts.

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00:02:05,000 --> 00:02:14,000

They feel like lab rats being studied by another world.

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00:02:14,000 --> 00:02:23,000

According to British ufologist John Spencer, Barney and Betty Hill's story was the wake-up call for the phenomenon of alien abductions.

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00:02:23,000 --> 00:02:29,000

For many years one of the aspects of UFOs I've studied in some depth is the abduction phenomenon.

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00:02:29,000 --> 00:02:40,000

The idea that people are manipulated to some degree by UFO entities, that they are taken aboard the flying saucers, that they are examined usually in some medical way,

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00:02:40,000 --> 00:02:48,000

that they are sometimes given a mission or they are perhaps implanted with devices and so on, and that they are constantly throughout their lives,

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00:02:48,000 --> 00:02:58,000

and even their children's lives and their children's lives are affected by UFO intervention, which seems to be tracking the bloodline, which I think Bud Hopkins has described in many cases.

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00:02:58,000 --> 00:03:09,000

I'm very open to the possibility and certainly I'm totally convinced that these people are

genuinely reporting a real phenomenon, a paranormal phenomenon.

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00:03:09,000 --> 00:03:19,000

I'm quite sure of that. I've spoken to many of them and perhaps most significant for me, I've found something in the order of about 20 or 30 people I've spoken to

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00:03:19,000 --> 00:03:23,000

who have totally changed their lives as a result of their abduction phenomenon.

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00:03:23,000 --> 00:03:31,000

They have suddenly become artistic for example, they have suddenly become musicians or they've gone into art from being bank clerks and accountants,

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00:03:31,000 --> 00:03:41,000

they've suddenly become camera people or whatever else, where they've gone into that side of life, and it has resulted undoubtedly from the abduction phenomenon.

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00:03:41,000 --> 00:03:45,000

The question is whether or not it's an internal or an external thing.

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00:03:46,000 --> 00:03:53,000

Reports of alien abductions have been on the rise ever since the first case was reported in 1961.

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00:03:53,000 --> 00:04:02,000

People believe they were abducted while sleeping by aliens capable of passing through walls and moving instantly from one spot to another.

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00:04:03,000 --> 00:04:15,000

Even though thousands of cases have been investigated, UFO experts use Barney and Betty's experience to support the existence of abductions.

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00:04:15,000 --> 00:04:27,000

Their story began one night on a remote highway in the White Mountains when the couple wandered off Route 3 and found themselves in the mountains.

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00:04:28,000 --> 00:04:41,000

September 19, 1961, my husband Barney and I are in Montreal and we heard a weather we brought that a hurricane was coming up the coast

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00:04:41,000 --> 00:04:51,000

and probably would hit our hometown of Portsmouth. So we decided to return to Portsmouth, get there before the hurricane did.

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00:04:52,000 --> 00:05:02,000

Betty and Barney were on their way home from Montreal. Both had been married before and both had children, but Betty's were adopted since she was sterile.

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00:05:04,000 --> 00:05:14,000

And this was after the summer of tourists and we knew that the mountains were going to be deserted, facilities would be closed.

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00:05:14,000 --> 00:05:24,000

So we went through customs and we stopped in Colbrook and got gas for the car and had a lunch. So we knew it was about 10 o'clock but we left Colbrook.

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00:05:28,000 --> 00:05:34,000

Betty was a social worker and Barney was a postal worker and a member of the U.S. Civil Rights Commission.

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00:05:34,000 --> 00:05:40,000

They were both around 40 years old and neither had any history of psychological problems.

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00:05:44,000 --> 00:05:54,000

And we're driving down through the mountains when I suddenly saw a new star in the sky and as I watched it, it became bigger and brighter.

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00:05:54,000 --> 00:06:03,000

And my first thought was, is it a comet or a hit the earth? So we stopped the car to get out to get a good look at this.

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00:06:03,000 --> 00:06:15,000

And as we did, it changed direction and passed over the face of the moon. And we could see that it had multicolored flashing lights around it.

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00:06:15,000 --> 00:06:25,000

And then it turned and started coming in towards us. So we started driving south. We did this for about 30 miles.

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00:06:25,000 --> 00:06:34,000

And we had no idea what this craft was. We tried to identify it and I put the window down and I waved to him and said, hi.

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00:06:34,000 --> 00:06:41,000

And about a half mile south, it came out over the highway, midair and stopped.

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00:06:41,000 --> 00:06:47,000

Now my husband had been in World War II. So he's going to get out and identify this craft.

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00:06:47,000 --> 00:06:57,000

And he takes the binoculars and he walks towards it. And as he looks up, he sees a group of men standing in the window looking down at him.

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00:06:57,000 --> 00:07:06,000

And at that moment, a thin like structure parted on each side of the craft and had a red light on the end of the fin.

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00:07:06,000 --> 00:07:12,000

And the craft started to come down. Barney had the feeling they were trying to capture him.

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00:07:12,000 --> 00:07:19,000

They're going to catch us and wait. Let's get out of here, men. Let's get out of here. They're going to catch us. Let's leave. Let's go.

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00:07:27,000 --> 00:07:35,000

Disoriented and distraught, the hills realized where they were when they saw a sign 17 miles from the town of Concord.

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00:07:35,000 --> 00:07:41,000

They had taken two hours longer than expected to drive through the White Mountains.

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00:07:41,000 --> 00:07:54,000

The next day they told the army what had happened to them. The army was quite interested since they had detected an unidentified radar echo over the White Mountains during the same time frame.

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00:07:54,000 --> 00:07:57,000

But there were holes in the hills, story.

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00:07:57,000 --> 00:08:05,000

In the beginning, we remember seeing the men in the road, but we couldn't get beyond that.

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00:08:05,000 --> 00:08:17,000

And so we would go back there about one to a month thinking if we could find the spot where we saw the men in the road, we could remember what happened.

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00:08:17,000 --> 00:08:26,000

And we would be getting little memories back, but nothing too shocking.

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00:08:27,000 --> 00:08:36,000

And then Bonnie's health failed and he wasn't responding to medication, so his doctor sent him to a psychiatrist.

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00:08:36,000 --> 00:08:44,000

And one day, Bonnie mentioned how we were going north through the mountains and looking for the spot.

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00:08:44,000 --> 00:08:51,000

And we would find all kinds of people who had all kinds of UFO sightings, but nobody knew where the spot was.

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00:08:51,000 --> 00:08:59,000

So he referred us to Dr. Venue and Simon in Boston. And we started medical hypnosis.

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00:09:01,000 --> 00:09:11,000

A week later, Betty began to have nightmares in which she was abducted by aliens. She wrote down her dreams and told Barney about them.

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00:09:11,000 --> 00:09:16,000

Ever since the night of the abduction, the couple had been suffering from health problems.

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00:09:16,000 --> 00:09:23,000

Finally, two years after the abduction, the hills agreed to be placed under hypnosis by Dr. Benjamin Simon.

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00:09:23,000 --> 00:09:26,000

The following are excerpts from those sessions.

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00:09:26,000 --> 00:09:28,000

I want to wake up.

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00:09:28,000 --> 00:09:35,000

You're not going to wake up. You're in deep sleep. You're comfortable. Relaxed. This is not going to tell you.

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00:09:35,000 --> 00:09:39,000

This creature, this leader is telling me something.

71

00:09:39,000 --> 00:09:42,000

How? How's he getting into you?

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00:09:42,000 --> 00:09:46,000

I can see it in his face.

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00:09:46,000 --> 00:09:49,000

You see it? Let's move. Yes.

74

00:09:49,000 --> 00:09:53,000

No. It's looking at me.

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00:09:53,000 --> 00:09:56,000

What did he tell you?

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00:09:56,000 --> 00:09:59,000

Stay there and keep looking.

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00:09:59,000 --> 00:10:02,000

Just stay there. He's saying to me.

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00:10:02,000 --> 00:10:04,000

All right.

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00:10:04,000 --> 00:10:06,000

I'll take it in my head.

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00:10:06,000 --> 00:10:07,000

All right.

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00:10:07,000 --> 00:10:10,000

Pull the binoculars away. God give it to me.

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00:10:10,000 --> 00:10:11,000

All right.

83

00:10:11,000 --> 00:10:13,000

Pull them down.

84

00:10:13,000 --> 00:10:14,000

Run.

85

00:10:14,000 --> 00:10:17,000

Pull the binoculars down and run.

86

00:10:17,000 --> 00:10:18,000

All right.

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00:10:18,000 --> 00:10:20,000

Calm down. Calm down.

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00:10:20,000 --> 00:10:29,000

The testimony I'm going to tell Barney is very important, especially since it was the first of its kind.

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00:10:29,000 --> 00:10:34,000

So we know that it was not tainted by media sensationalism.

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00:10:34,000 --> 00:10:39,000

And they were treated by a well-known Boston psychiatrist,

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00:10:39,000 --> 00:10:46,000

who questioned them separately under hypnosis for a period of six months.

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00:10:46,000 --> 00:10:51,000

They both told the same story.

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00:10:51,000 --> 00:11:00,000

Betty Hill elaborated more than Barney, but he had been traumatized by what had happened to him.

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00:11:00,000 --> 00:11:04,000

They were on their way back home after holidays in Canada.

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00:11:04,000 --> 00:11:11,000

They were headed towards the Boston area, and they saw a UFO following them.

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00:11:11,000 --> 00:11:18,000

They pulled over and saw that the UFO was hovering over the highway.

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00:11:18,000 --> 00:11:21,000

They don't remember what happened after that.

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00:11:21,000 --> 00:11:26,000

Next thing you know, they were back on the highway two hours later, feeling groggy.

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00:11:26,000 --> 00:11:30,000

And they continued on their way home.

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00:11:30,000 --> 00:11:40,000

Some time later, Barney was feeling ill, and they went to see Dr. Benjamin Simon.

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00:11:40,000 --> 00:11:52,000

Under hypnosis, they each separately gave a very detailed account of having been abducted and taken aboard a UFO.

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00:11:52,000 --> 00:12:05,000

A book was written in collaboration with Dr. Simon, who had not previously believed in the existence of UFOs.

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00:12:05,000 --> 00:12:10,000

He admitted that Betty and Barney were convinced that their story was real,

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00:12:10,000 --> 00:12:17,000

and their testimony was both forceful and disturbing.

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00:12:23,000 --> 00:12:24,000

Go on.

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00:12:24,000 --> 00:12:29,000

And he said, just a simple test of all therapy.

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00:12:29,000 --> 00:12:31,000

And I asked him what.

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00:12:31,000 --> 00:12:35,000

And he said he just wants to put it in my name.

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00:12:35,000 --> 00:12:37,000

It's just a simple test.

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00:12:37,000 --> 00:12:39,000

I didn't hear that.

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00:12:39,000 --> 00:12:42,000

Too empty.

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00:12:42,000 --> 00:12:47,000

Did they make any sexual advances to you?

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00:12:47,000 --> 00:12:51,000

We saw what we thought was the moon setting.

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00:12:51,000 --> 00:12:55,000

And then we saw a group of men in the road blocking our way.

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00:12:55,000 --> 00:12:57,000

He stopped the car.

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00:12:57,000 --> 00:12:59,000

The motor died.

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00:12:59,000 --> 00:13:04,000

They came up, took us out of the car along a path in the woods.

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00:13:04,000 --> 00:13:11,000

All they wanted to do was some simple tests to find out how we were like or dislike,

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00:13:11,000 --> 00:13:14,000

or how we were different or like each other.

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00:13:14,000 --> 00:13:19,000

And as soon as the testing would be over, we could go back to the car.

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00:13:19,000 --> 00:13:22,000

So we called him a leader.

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00:13:22,000 --> 00:13:26,000

The one who did the testing, we called the examiner.

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00:13:26,000 --> 00:13:29,000

And then there were nine others that stayed out in the car with us,

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00:13:29,000 --> 00:13:33,000

who we called them the crew members.

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00:13:33,000 --> 00:13:36,000

We were taken into separate rooms.

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00:13:36,000 --> 00:13:39,000

And the first part of our exams were the same.

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00:13:39,000 --> 00:13:46,000

They checked our eyes, ears, nose, throat, nose, feet.

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00:13:46,000 --> 00:13:49,000

And then with me they did two testings.

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00:13:49,000 --> 00:13:51,000

One was my nervous system.

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00:13:51,000 --> 00:13:55,000

And the second one was they tried to put a needle in my navel,

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00:13:55,000 --> 00:13:58,000

which he said was a pregnancy test.

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00:13:58,000 --> 00:14:02,000

And with Barney, the first part was the same as mine.

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00:14:02,000 --> 00:14:07,000

But with him, they were basically interested in his bone structure.

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00:14:08,000 --> 00:14:13,000

And then I said, I know you're not from this planet. Where are you from?

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00:14:13,000 --> 00:14:16,000

And he showed me a star map.

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00:14:16,000 --> 00:14:21,000

And then they came leading Barney out.

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00:14:21,000 --> 00:14:25,000

And then I went to the car and we watched the craft leave.

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00:14:25,000 --> 00:14:28,000

And it lifted out of that and was gone.

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00:14:30,000 --> 00:14:34,000

In 1966, American journalist John Fuller published the Hill story

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00:14:34,000 --> 00:14:37,000

under the title The Interrupted Journey.

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00:14:37,000 --> 00:14:40,000

It was a huge success.

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00:14:52,000 --> 00:14:54,000

The Hill story contains several details,

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00:14:54,000 --> 00:14:57,000

which leave little doubt as to its authenticity.

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00:14:57,000 --> 00:15:01,000

How could Betty Hill have been able to describe a pregnancy test

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00:15:01,000 --> 00:15:04,000

consisting of inserting a long needle into her navel

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00:15:04,000 --> 00:15:09,000

when this procedure was not to be used by doctors for another 10 years?

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00:15:09,000 --> 00:15:14,000

While under hypnosis, Betty drew a star map that she saw while on board the UFO.

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00:15:14,000 --> 00:15:17,000

It appeared to match the double star Zeta reticuli,

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00:15:17,000 --> 00:15:21,000

which was discovered years after Betty drew her star map.

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00:15:24,000 --> 00:15:28,000

What is most interesting is that the story came out under hypnosis.

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00:15:28,000 --> 00:15:33,000

After both had suffered from amnesia and both basically told the same story.

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00:15:38,000 --> 00:15:42,000

When the abduction phenomenon came to light in the Betty Barney Hill case,

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00:15:42,000 --> 00:15:49,000

there were no theories about it because it had never been reported in any objective way before.

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00:15:49,000 --> 00:15:55,000

And we must always remember it was a skeptical scientist, a psychiatrist,

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00:15:55,000 --> 00:15:59,000

who did the hypnosis, who was stunned by what he was hearing

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00:15:59,000 --> 00:16:03,000

and had to assume that this was a folio de of some sort

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00:16:03,000 --> 00:16:10,000

that nobody was familiar with with all of the effects of what we would now call post-traumatic stress disorder.

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00:16:10,000 --> 00:16:13,000

So it was certainly real. This is a myth that nobody wanted.

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00:16:13,000 --> 00:16:21,000

You know, in 1979, Alvin Lawson, who was a professor of English at California State University at Long Beach,

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00:16:22,000 --> 00:16:24,000

conducted a little bit of an experiment.

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00:16:24,000 --> 00:16:30,000

He took eight people, eight students who had not had UFO sightings, which was his filter,

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00:16:30,000 --> 00:16:38,000

and had a hypnotist hypnotize him to see if they could come out with abduction stories.

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00:16:38,000 --> 00:16:42,000

And he claimed essentially that they were all essentially the same

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00:16:42,000 --> 00:16:48,000

and therefore as all the other abduction stories, and therefore all of it came from people's minds.

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00:16:49,000 --> 00:16:56,000

But actually, when you read the study, what you find is that one story actually had certain similarities.

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00:16:56,000 --> 00:17:01,000

There were small people, and she was on a table and that sort of stuff.

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00:17:01,000 --> 00:17:08,000

The other stories were all totally different from each other, completely different from anything that we ever learned

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00:17:08,000 --> 00:17:15,000

in the abduction phenomenon. All the UFO abductors that they described were completely different from each other

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00:17:15,000 --> 00:17:19,000

and totally different than anything that we have learned in the abduction phenomenon,

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00:17:19,000 --> 00:17:22,000

and they had the slightest idea what to say.

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00:17:25,000 --> 00:17:28,000

Alvin Lawson's study was not very conclusive.

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00:17:28,000 --> 00:17:34,000

The abduction stories imagined by the study group under hypnosis varied from one person to the next.

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00:17:36,000 --> 00:17:42,000

On the other hand, people who claimed to have been genuinely abducted have very similar stories,

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00:17:42,000 --> 00:17:48,000

and the details are very coherent. Dr. Jean-Rac Laurent, a psychologist at Concordia University,

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00:17:48,000 --> 00:17:51,000

has taken an interest in these abduction stories.

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00:17:56,000 --> 00:18:02,000

What we found interesting was that most of these stories came out after a hypnosis treatment.

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00:18:02,000 --> 00:18:05,000

Since our lab specializes in hypnosis and memory work,

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00:18:05,000 --> 00:18:11,000

we knew right away that hypnosis was a dangerous instrument in terms of the reliability of a person's memory.

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00:18:11,000 --> 00:18:16,000

So we decided to check whether hypnosis could be used to create false memories,

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00:18:16,000 --> 00:18:21,000

to manipulate existing memories, and add to them.

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00:18:21,000 --> 00:18:28,000

We studied several subjects, and we found that using an experience such as a nightmare or sleep paralysis,

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00:18:28,000 --> 00:18:33,000

people could take an unusual incident and turn it into an alien abduction.

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00:18:35,000 --> 00:18:39,000

And create a story in different ways.

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00:18:41,000 --> 00:18:45,000

Each year, thousands of people report being abducted while they are sleeping.

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00:18:45,000 --> 00:18:52,000

As was the case with the Hills, hypnosis seems to be the tool that helps to reveal the details of the abduction.

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00:18:52,000 --> 00:18:57,000

And I think actually what was important there is to recognize certain things that happened,

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00:18:57,000 --> 00:19:03,000

which is that hypnosis was used to bring out this story, and hypnosis has been proven time and time again

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00:19:03,000 --> 00:19:07,000

by people like psychologist Martin Orr to be totally unreliable.

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00:19:07,000 --> 00:19:11,000

That in fact people report what they believe, which is not the same as what actually happened.

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00:19:11,000 --> 00:19:13,000

They're reporting their genuine beliefs.

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00:19:13,000 --> 00:19:18,000

That in the Hill case there was a certain amount of filtering between the two of them.

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00:19:18,000 --> 00:19:23,000

That in fact the key mystery, which was two hours lost, was not discovered by the Hills,

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00:19:23,000 --> 00:19:27,000

it was discovered in fact by Walter Webb, who was the investigator, who said to them,

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00:19:27,000 --> 00:19:31,000

you seem to have lost time, and I believe I'm quoting reasonably accurately,

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00:19:31,000 --> 00:19:35,000

Barnhill saying, my God, for the first time I realized that we had lost two hours.

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00:19:35,000 --> 00:19:37,000

This was several weeks after the experience.

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00:19:37,000 --> 00:19:44,000

So a lot of these key motifs of abductions actually didn't so much come from the witnesses as the investigators.

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00:19:44,000 --> 00:19:49,000

And I do believe that one of the things we learned from the Hill case onwards and so on,

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00:19:49,000 --> 00:19:54,000

is that investigators can take a case, take the key elements and take it to another case,

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00:19:54,000 --> 00:19:58,000

and using particularly hypnosis, not deliberately and not consciously,

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00:19:58,000 --> 00:20:03,000

but I think we contaminate our own data by taking these belief systems around.

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00:20:03,000 --> 00:20:08,000

What I'm saying is that the evidence, the story that comes out, can be influenced by the people investigating.

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00:20:08,000 --> 00:20:13,000

And to do a good investigation is actually far trickier than we think.

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00:20:13,000 --> 00:20:19,000

A few years ago I decided to spend all of my time studying abductions.

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00:20:20,000 --> 00:20:25,000

I decided to do this because when I traveled the world as a journalist,

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00:20:25,000 --> 00:20:30,000

I heard similar stories from people throughout the world.

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00:20:30,000 --> 00:20:35,000

I heard stories of abductions when I spent six months in Siberia,

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00:20:35,000 --> 00:20:39,000

and also when I stayed six months in Tibet.

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00:20:39,000 --> 00:20:45,000

Wherever I went, I would hear tales of abductions from people who had no clue

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00:20:45,000 --> 00:20:50,000

that there were other people in the world who had experienced the same thing.

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00:20:53,000 --> 00:20:57,000

These stories bothered me, and then when I saw what was happening in the States,

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00:20:57,000 --> 00:21:01,000

I thought to myself, those Americans are crazy.

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00:21:01,000 --> 00:21:05,000

Hoaxers in this field are extremely, extremely rare.

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00:21:05,000 --> 00:21:11,000

But in the abduction area, you have to come up to various people, like myself and others,

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00:21:11,000 --> 00:21:15,000

and look us in the eye and say, this happened to me.

216

00:21:15,000 --> 00:21:19,000

And in front of your wife and children, this happened to me.

217

00:21:19,000 --> 00:21:23,000

And go into something which involves acting, lying, and of course,

218

00:21:23,000 --> 00:21:27,000

adverse publicity in the long term.

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00:21:27,000 --> 00:21:30,000

So it's not an issue. It's a non-starter as a theory.

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00:21:30,000 --> 00:21:32,000

There are witnesses to these events.

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00:21:32,000 --> 00:21:35,000

They're family members, sometimes with friends and so forth,

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00:21:35,000 --> 00:21:39,000

who can verify their experiences.

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00:21:39,000 --> 00:21:43,000

When they are abducted, they are physically missing from their normal environment.

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00:21:43,000 --> 00:21:46,000

There's a police that's been called, search party has been sent out,

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00:21:46,000 --> 00:21:50,000

parents have been frantic looking for their children and all that.

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00:21:50,000 --> 00:21:53,000

They come back with unusual scars in their bodies, scrapes,

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00:21:53,000 --> 00:21:55,000

there's a certain physical evidence.

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00:21:55,000 --> 00:22:00,000

They come back with their clothes not on right,

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00:22:00,000 --> 00:22:02,000

their pajamas or their pants on backwards.

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00:22:02,000 --> 00:22:06,000

They come back with, if it's at night, sometimes their clothes are off

231

00:22:06,000 --> 00:22:09,000

and folded neatly on a couch or by their bed,

232

00:22:09,000 --> 00:22:12,000

or they come back wearing somebody else's clothes,

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00:22:12,000 --> 00:22:15,000

which can be fairly startling, let's just say.

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00:22:15,000 --> 00:22:20,000

And there's more, and there's other evidence to present that.

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00:22:20,000 --> 00:22:23,000

There's a strong physical aspect to this.

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00:22:23,000 --> 00:22:27,000

But the key thing is that people see other people being abducted

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00:22:27,000 --> 00:22:29,000

and may or may not be abducted themselves.

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00:22:29,000 --> 00:22:33,000

And once that fact is established, it pushes it out of the psychological realm.

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00:22:33,000 --> 00:22:38,000

And that is the fact that all psychologists stumble on.

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00:22:40,000 --> 00:22:43,000

Is there really any solid proof?

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00:22:43,000 --> 00:22:46,000

How objective are the witnesses?

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00:22:46,000 --> 00:22:51,000

And what if their stories are being influenced by UFO experts

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00:22:51,000 --> 00:22:55,000

or by media reports of alien abductions?

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00:22:56,000 --> 00:23:00,000

Luckily for us, there were certain details about the Betty and Barney Hill case

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00:23:00,000 --> 00:23:02,000

that were not reported in the book.

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00:23:02,000 --> 00:23:05,000

So no skeptic can claim a copycat thing,

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00:23:05,000 --> 00:23:11,000

one of which was that a sperm sample was taken from Barney Hill, which was painful.

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00:23:11,000 --> 00:23:14,000

That was left out of the book, thank goodness,

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00:23:14,000 --> 00:23:18,000

because of questions of taste in 1966.

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00:23:18,000 --> 00:23:22,000

So all of the subsequent abduction accounts where men reporting this

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00:23:22,000 --> 00:23:26,000

had no source in the Betty and Barney Hill case or the publicity.

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00:23:26,000 --> 00:23:32,000

People are presented with odd looking little babies while on board objects

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00:23:32,000 --> 00:23:36,000

that look sort of half human, half alien, as they say it.

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00:23:36,000 --> 00:23:40,000

And they call them, they say they look like hybrids.

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00:23:40,000 --> 00:23:45,000

And when we began to hear this material, it was completely confusing to us

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00:23:45,000 --> 00:23:47,000

and impossible to comprehend.

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00:23:47,000 --> 00:23:52,000

And we were very suspicious of these kinds of stories.

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00:23:52,000 --> 00:23:57,000

And yet at the same time, everybody was saying it over and over again.

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00:23:57,000 --> 00:24:01,000

And eventually we began to think maybe there is something happening here.

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00:24:01,000 --> 00:24:03,000

Maybe this is really true.

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00:24:03,000 --> 00:24:07,000

Over the years, we have filled in considerably and we realize that

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00:24:07,000 --> 00:24:11,000

a whole series of things happen to people on board these objects

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00:24:11,000 --> 00:24:16,000

that are reproductive in nature, that are physical in nature, and that are mental in nature.

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00:24:16,000 --> 00:24:21,000

That is to say there are images placed in people's minds for reasons that we don't fully understand

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00:24:21,000 --> 00:24:23,000

and there are physical examinations given.

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00:24:23,000 --> 00:24:28,000

But all of them seem to center in some way or another, ultimately on reproduction.

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00:24:28,000 --> 00:24:37,000

Genetic experiments undergone by certain abductees too long and horrible to describe here

268

00:24:37,000 --> 00:24:42,000

have always had a strong sexual undertone.

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00:24:42,000 --> 00:24:47,000

They are no longer just examining bodies like they used to,

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00:24:47,000 --> 00:24:51,000

taking gum samples, fingernail clippings, locks of hair.

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00:24:51,000 --> 00:24:57,000

Now they are taking sperm samples from men and eggs from women.

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00:24:57,000 --> 00:25:03,000

There are stories of hybrid pregnancies and the more stories I heard,

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00:25:03,000 --> 00:25:07,000

the more I wanted to investigate this matter further.

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00:25:07,000 --> 00:25:15,000

But in all my research, I never once saw any proof of an interrupted pregnancy.

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00:25:17,000 --> 00:25:29,000

It is a real epidemic on our hands, according to books by

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00:25:29,000 --> 00:25:32,000

but Hopkins, David Jacobs and Dr. Mack.

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00:25:32,000 --> 00:25:41,000

It's very disturbing because there is so much similarity in all of the cases.

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00:25:41,000 --> 00:25:45,000

Eddie Bullard began studying the phenomenon when this wave first started

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00:25:45,000 --> 00:25:49,000

and he says that there is an amazing consistency to the abduction stories

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00:25:49,000 --> 00:25:53,000

from people living in different areas who don't even know each other.

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00:25:53,000 --> 00:26:01,000

In a world where communication is global and instantaneous,

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00:26:01,000 --> 00:26:06,000

it is not surprising that cases like the hills are cropping up all over the planet.

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00:26:06,000 --> 00:26:10,000

One case in Quebec bears a striking resemblance to the hill story.

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00:26:10,000 --> 00:26:13,000

The abduction took place while the victim was awake

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00:26:13,000 --> 00:26:16,000

as he was driving down a deserted stretch of highway.

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00:26:16,000 --> 00:26:20,000

This case was fantastic for Quebec ufology

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00:26:20,000 --> 00:26:24,000

and yet traumatizing to the man who experienced it

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00:26:24,000 --> 00:26:33,000

because he had to face isolation and social ridicule.

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00:26:33,000 --> 00:26:36,000

He withdrew like a turtle inside his shell,

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00:26:36,000 --> 00:26:45,000

not knowing who he could turn to for help in sorting out what he was feeling.

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00:26:45,000 --> 00:26:49,000

The incident happened on November 24, 1979.

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00:26:49,000 --> 00:26:53,000

He was on his way home from Le Chute after the birth of his daughter.

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00:26:53,000 --> 00:27:00,000

He had been to work and passed out cigars to everyone to celebrate the occasion.

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00:27:00,000 --> 00:27:05,000

He was on Highway 158, which connects Le Chute to his hometown of Saint-Gérôme.

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00:27:05,000 --> 00:27:08,000

And just as he was pulling into his town,

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00:27:08,000 --> 00:27:11,000

he felt as though he was being followed,

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00:27:11,000 --> 00:27:19,000

as if something was flying overhead that wanted to hurt him.

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00:27:19,000 --> 00:27:22,000

He calmed down when he saw the highway lights.

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00:27:22,000 --> 00:27:27,000

Thinking to himself, good, I'm home now, I have nothing to worry about.

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00:27:27,000 --> 00:27:31,000

He saw a sort of cloud build up quickly on the highway in front of him.

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00:27:31,000 --> 00:27:34,000

Then he saw a large UFO to the right of the highway.

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00:27:34,000 --> 00:27:37,000

He couldn't take his eyes off the cloud, he entered it,

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00:27:37,000 --> 00:27:42,000

and then he heard a sound like two rocks banging together.

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00:27:42,000 --> 00:27:49,000

He came out of the cloud and drove into a signpost.

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00:27:49,000 --> 00:27:57,000

The car was slightly damaged, but the engine was fine, so he continued driving.

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00:27:57,000 --> 00:28:03,000

When he finally got home, he realized that he was missing 110 minutes.

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00:28:04,000 --> 00:28:08,000

It's not just the whole idea of abductions that is hard to believe.

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00:28:08,000 --> 00:28:13,000

The high number of abductions reported each year raises serious doubts.

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00:28:13,000 --> 00:28:19,000

As far as ufologists are concerned, abductees are experiencing a genuine phenomenon.

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00:28:19,000 --> 00:28:24,000

But to skeptics, these stories are nothing more than fantasies.

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00:28:24,000 --> 00:28:30,000

Skeptics always say, but there's no proof that it happened.

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00:28:31,000 --> 00:28:36,000

There are indications, if we look closely enough, marks on the ground,

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00:28:36,000 --> 00:28:40,000

strange cuts on victims' bodies, and perhaps even implants,

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00:28:40,000 --> 00:28:44,000

small objects hidden somewhere in abductees' bodies.

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00:28:44,000 --> 00:28:48,000

One of the things that people want, of course, is they want physical proof.

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00:28:48,000 --> 00:28:51,000

However, having said that, we have had artifacts.

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00:28:51,000 --> 00:28:57,000

People have had implants in their heads that they've recovered in some way,

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00:28:57,000 --> 00:29:00,000

or in other parts of their body.

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00:29:03,000 --> 00:29:08,000

In 1995, several alleged abductees claimed to have an implant

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00:29:08,000 --> 00:29:12,000

and went to see Dr. Roger Lear in California,

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00:29:12,000 --> 00:29:16,000

who performed minor surgery to remove the implants.

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00:29:21,000 --> 00:29:26,000

A series of operations were performed in 1995 and over the next few years.

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00:29:26,000 --> 00:29:33,000

It seemed that foot surgeon Dr. Roger Lear in California

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00:29:33,000 --> 00:29:37,000

was able to find and remove these small implants.

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00:29:43,000 --> 00:29:46,000

Prior to performing these operations,

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00:29:46,000 --> 00:29:51,000

Dr. Lear had no particular interest in UFOs and alien abductions.

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00:29:51,000 --> 00:29:54,000

However, his attitude changed significantly,

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00:29:54,000 --> 00:29:59,000

especially after he had read the analysis reports on the objects that were found.

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00:29:59,000 --> 00:30:03,000

Several of the objects had remarkable characteristics.

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00:30:12,000 --> 00:30:17,000

The basic summary of the findings to date.

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00:30:17,000 --> 00:30:22,000

We have objects which we have removed from the human body

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00:30:22,000 --> 00:30:27,000

with a strict set of criteria and scientific protocols

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00:30:27,000 --> 00:30:30,000

established for this research project.

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00:30:30,000 --> 00:30:36,000

And research being done on individuals who allege alien abduction

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00:30:36,000 --> 00:30:42,000

seemed to have things in their body that are extraterrestrial in origin.

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00:30:44,000 --> 00:30:48,000

He had the implants analyzed at the Los Alamos National Laboratory

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00:30:48,000 --> 00:30:51,000

and at another laboratory in New Mexico.

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00:30:52,000 --> 00:30:57,000

And in some cases, the findings were only partially released.

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00:30:58,000 --> 00:31:03,000

For some odd reason, Dr. Lear has refused to allow independent researchers

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00:31:03,000 --> 00:31:05,000

to re-examine the implants.

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00:31:05,000 --> 00:31:10,000

Some people feel that this raises serious doubts about the nature of the implants.

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00:31:10,000 --> 00:31:14,000

However, the results he obtained remain intriguing.

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00:31:14,000 --> 00:31:21,000

The metals themselves underwent analysis as did the elements

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00:31:21,000 --> 00:31:26,000

and we found in addition that some of the elements that were looked at

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00:31:26,000 --> 00:31:32,000

contain what are called extraterrestrial isotopic ratios.

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00:31:32,000 --> 00:31:37,000

And this means that the elements themselves, although they may be the same

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00:31:37,000 --> 00:31:42,000

as what we find here on Earth, are not molecularly composed

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00:31:42,000 --> 00:31:45,000

in the same way as Earth elements.

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00:31:46,000 --> 00:31:52,000

The other thing that we found was the opinion of New Mexico Tech Laboratory

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00:31:52,000 --> 00:31:56,000

that these were much like meteorite samples.

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00:31:56,000 --> 00:32:01,000

And as we know, meteorites do not come from the Earth.

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00:32:04,000 --> 00:32:07,000

The implants have a hard biological shell

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00:32:07,000 --> 00:32:10,000

that appears to prevent them from causing inflammation.

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00:32:11,000 --> 00:32:14,000

The objects are also covered with nerve endings,

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00:32:14,000 --> 00:32:18,000

which seem to link the implants to the abductees' nervous system,

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00:32:18,000 --> 00:32:23,000

which is very impressive when we examine it more closely.

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00:32:28,000 --> 00:32:30,000

The implants are real.

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00:32:30,000 --> 00:32:33,000

Some people have spoken of pseudo-implants,

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00:32:33,000 --> 00:32:36,000

but Dr. Lear was removing something real,

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00:32:37,000 --> 00:32:40,000

so there had to be actual implants.

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00:32:40,000 --> 00:32:44,000

What exactly he removed has been the topic of many discussions.

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00:32:44,000 --> 00:32:49,000

In several cases, it can be said that they are pseudo-implants,

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00:32:49,000 --> 00:32:54,000

because sometimes what is removed is simply a small piece of glass

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00:32:54,000 --> 00:32:56,000

or other odd objects.

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00:32:56,000 --> 00:33:00,000

There are a few which remain truly intriguing.

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00:33:00,000 --> 00:33:04,000

I still think that the implant removed from Richard Price,

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00:33:04,000 --> 00:33:08,000

an American abductee, was very odd,

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00:33:08,000 --> 00:33:12,000

because the object changed form between the first analysis

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00:33:12,000 --> 00:33:16,000

and the final analysis done by Professor Pritchard.

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00:33:16,000 --> 00:33:20,000

At first, it was a metallic object,

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00:33:20,000 --> 00:33:25,000

and later it had become something made from cotton fibers.

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00:33:25,000 --> 00:33:27,000

That in itself is fascinating,

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00:33:27,000 --> 00:33:31,000

and no explanation was ever given as to why the description

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00:33:31,000 --> 00:33:34,000

changed so drastically from one analysis to the other.

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00:33:34,000 --> 00:33:38,000

The problem here with the implants is that no one has been able to show

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00:33:38,000 --> 00:33:42,000

what is absolutely essential to show, and that is function.

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00:33:42,000 --> 00:33:47,000

Once you show that this is a device that will monitor hormonal levels

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00:33:47,000 --> 00:33:50,000

in someone's body, and we recovered it from someone's body,

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00:33:50,000 --> 00:33:53,000

and this is how it works, then you have something.

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00:33:55,000 --> 00:34:00,000

Up until now, we still haven't found the alleged alien transmitters,

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00:34:00,000 --> 00:34:04,000

mentioned by certain UFO authors.

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00:34:08,000 --> 00:34:12,000

Ufologists researching reports of alien abductions

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00:34:12,000 --> 00:34:16,000

must sort out which stories are real and which ones are just made up

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00:34:16,000 --> 00:34:19,000

by people who have heard stories of abductions.

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00:34:19,000 --> 00:34:22,000

They seek cases where the victim was not likely to have been influenced

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00:34:22,000 --> 00:34:25,000

by an outside factor, which might have led the person

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00:34:25,000 --> 00:34:28,000

to invent a credible sounding story.

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00:34:28,000 --> 00:34:32,000

Ufologists feel that the hills were not exposed to any cultural influences

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00:34:32,000 --> 00:34:35,000

since they were the first case reported.

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00:34:35,000 --> 00:34:39,000

However, between the time that the incident occurred in 1961

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00:34:39,000 --> 00:34:42,000

and the time that they consulted Dr. Simon two years later,

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00:34:42,000 --> 00:34:45,000

the couple could have imagined the whole thing,

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00:34:45,000 --> 00:34:48,000

and it could have become firmly planted in their minds

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00:34:48,000 --> 00:34:52,000

as they searched frantically for an explanation for their amnesia.

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00:34:53,000 --> 00:34:58,000

Barney admitted to having read practically every book available on UFOs.

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00:34:58,000 --> 00:35:01,000

And Betty said that she often discussed the recurrent dreams

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00:35:01,000 --> 00:35:05,000

that she began having a few days after the incident in the White Mountains.

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00:35:05,000 --> 00:35:09,000

Dreams that she believed revealed what had happened to them.

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00:35:09,000 --> 00:35:16,000

During those two years, the couple became avid fans of science fiction movies about aliens.

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00:35:17,000 --> 00:35:21,000

I tend to believe that the whole alien abduction scenario

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00:35:21,000 --> 00:35:25,000

is simply a sign that our society is finally clowing in on a phenomenon

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00:35:25,000 --> 00:35:28,000

that is as old as humanity itself.

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00:35:28,000 --> 00:35:32,000

The social phenomena very often determines how you label a phenomenon,

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00:35:32,000 --> 00:35:34,000

or label an experience.

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00:35:34,000 --> 00:35:37,000

The sensed presence has been with the human species forever.

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00:35:37,000 --> 00:35:39,000

The idea of an entity visiting us,

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00:35:39,000 --> 00:35:43,000

the idea of waking up in the middle of the night and feeling some sentient being

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00:35:43,000 --> 00:35:45,000

nearby, be it positive or negative,

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00:35:45,000 --> 00:35:48,000

incidentally the evil ones are used on the left side.

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00:35:48,000 --> 00:35:50,000

The positive talking ones are on the right side.

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00:35:50,000 --> 00:35:53,000

It simply reflects the organization of your brain activity.

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00:35:53,000 --> 00:35:57,000

But the culture determines how you experience it and how you label it.

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00:35:57,000 --> 00:36:00,000

You have an experience that is easy to produce.

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00:36:00,000 --> 00:36:03,000

How you label it and how you then explain it when you wake up

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00:36:03,000 --> 00:36:06,000

will be a function of the cultural label.

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00:36:06,000 --> 00:36:10,000

Fifty years ago, they were almost always visitations by angels.

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00:36:10,000 --> 00:36:17,000

Now with the emphasis being on aliens, space, the great frontier,

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00:36:17,000 --> 00:36:20,000

now the thrust is towards alien types of experiences.

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00:36:20,000 --> 00:36:23,000

A hundred years ago, they would have been religious.

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00:36:23,000 --> 00:36:28,000

Some euphologists, desperately wanting to believe in alien abductions,

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00:36:28,000 --> 00:36:31,000

spend their lives trying to convert skeptics.

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00:36:31,000 --> 00:36:36,000

Strident defenders of their convictions,

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00:36:36,000 --> 00:36:39,000

often driven by a fear of an alien invasion,

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00:36:39,000 --> 00:36:43,000

they carefully inspect every detail of the cases reported.

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00:36:43,000 --> 00:36:47,000

But does their obsessive investigation have any basis in reality?

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00:36:47,000 --> 00:36:54,000

Could these beings that they believe are not from our world exist somewhere else?

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00:36:54,000 --> 00:36:56,000

In Sudbury, Ontario,

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00:36:56,000 --> 00:36:58,000

Dr. Michael Persinger studies the brain,

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00:36:58,000 --> 00:37:01,000

where a whole other reality is.

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00:37:01,000 --> 00:37:05,000

First of all, let's look at the nature of the sense of presence itself.

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00:37:05,000 --> 00:37:08,000

If I ask you who you are, your sense of self,

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00:37:08,000 --> 00:37:11,000

it's primarily a language or left-hemispheric process.

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00:37:11,000 --> 00:37:13,000

It's not an accident that people will fight and die

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00:37:13,000 --> 00:37:16,000

to maintain their language and culture, that is yourself.

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00:37:16,000 --> 00:37:18,000

The right side of the brain, the right hemisphere,

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00:37:18,000 --> 00:37:21,000

is more involved with the sense of a presence.

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00:37:21,000 --> 00:37:23,000

It's like a sense of a presence.

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00:37:23,000 --> 00:37:25,000

It's like a sense of a presence.

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00:37:25,000 --> 00:37:27,000

It's like a sense of a presence.

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00:37:27,000 --> 00:37:30,000

It's more involved with the sense of a presence.

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00:37:30,000 --> 00:37:34,000

It's like yourself, except that it's more involved with another feeling of an entity,

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00:37:34,000 --> 00:37:36,000

sort of like another self.

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00:37:36,000 --> 00:37:38,000

And you can stimulate it in a variety of ways.

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00:37:38,000 --> 00:37:40,000

It can happen during dreams.

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00:37:40,000 --> 00:37:42,000

That's very common every night.

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00:37:42,000 --> 00:37:45,000

You feel yourself looking at yourself outside of yourself,

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00:37:45,000 --> 00:37:47,000

this double kind of individual.

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00:37:47,000 --> 00:37:52,000

It can also happen if you stimulate the brain normally,

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00:37:52,000 --> 00:37:55,000

if you're stressed, particular personal stress.

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00:37:55,000 --> 00:37:59,000

But the majority of time, it's due to strong magnetic fields,

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00:37:59,000 --> 00:38:01,000

by strong I mean generated within nature,

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00:38:01,000 --> 00:38:06,000

stimulating your brain while you're in a special state that we call sleep.

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00:38:06,000 --> 00:38:09,000

If between 2 and 4 o'clock in the morning,

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00:38:09,000 --> 00:38:11,000

there is the appropriate magnetic stimulation.

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00:38:11,000 --> 00:38:14,000

It could be from geomagnetic activity

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00:38:14,000 --> 00:38:16,000

or from something regional, such as strain,

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00:38:16,000 --> 00:38:19,000

and it stimulates the right hemisphere in particular.

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00:38:19,000 --> 00:38:21,000

People have a sense of presence.

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00:38:21,000 --> 00:38:24,000

They suddenly wake up and they feel there's an entity nearby.

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00:38:24,000 --> 00:38:28,000

They may actually feel stimulations of their body.

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00:38:28,000 --> 00:38:32,000

Men tend to experience anal stimulation, women, uterine stimulation,

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00:38:32,000 --> 00:38:36,000

and the reason is because the area of the brain that stimulated

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is involved with the internal states, with the uterus, with the internal states.

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You feel like you're floating.

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00:38:42,000 --> 00:38:46,000

You may actually have the sensation of a presence touching you.

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In a room void of sensory stimuli,

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Dr. Persinger asked his subjects to put on a special helmet

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that was capable of modifying the electromagnetic waves experienced by the brain.

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In this controlled environment, several participants said

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00:39:02,000 --> 00:39:05,000

that they sensed the presence of strangers in the room,

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00:39:05,000 --> 00:39:08,000

and some even claimed to see unknown entities.

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The critical thing is the tendency.

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00:39:10,000 --> 00:39:14,000

It's actually very easy to induce an entity experience.

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00:39:14,000 --> 00:39:17,000

80% of everyone who goes through our laboratory,

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00:39:17,000 --> 00:39:19,000

through particular patterns of fields,

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00:39:19,000 --> 00:39:21,000

have a sense of presence.

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00:39:21,000 --> 00:39:25,000

The way they experience it will be a function of what they expect.

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One of the questions we've asked many times is the kinds of patterns

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we apply to people in the laboratory.

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Do they occur in nature?

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The answer is yes, they do because that's where we got them.

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We've actually gone out into the field where people have experienced haunts

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or have been abducted.

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00:39:44,000 --> 00:39:48,000

We record the magnetic disturbances, which are usually transient.

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We record them on our equipment.

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00:39:50,000 --> 00:39:53,000

Stan Corrin and I very often go out and record them on fancy equipment.

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Bring them back, digitize them, and then apply them to the brain

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and produce the same experiences.

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00:39:59,000 --> 00:40:03,000

Actually, we find that there is about 10 to 20% of the population

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00:40:03,000 --> 00:40:06,000

that's really prone, very sensitive to the environment.

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They're the kind of canaries of our culture,

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00:40:08,000 --> 00:40:10,000

the sense of the mind canaries.

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00:40:10,000 --> 00:40:12,000

They are very sensitive to the electromagnetic field.

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00:40:12,000 --> 00:40:14,000

They are the creative ones.

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00:40:14,000 --> 00:40:16,000

They're musicians, they're writers.

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00:40:16,000 --> 00:40:19,000

They have tremendous versatility in their thoughts.

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00:40:19,000 --> 00:40:21,000

Sometimes they may even be considered crazy,

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but the point is because of their ideas are so creative,

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00:40:24,000 --> 00:40:27,000

these people's brains are so sensitive

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00:40:27,000 --> 00:40:30,000

that with the right pattern of activity generated through their brain,

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00:40:30,000 --> 00:40:34,000

naturally they experience a sense presence.

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00:40:34,000 --> 00:40:38,000

50 years ago, they would probably say they were visited by angels.

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100 years ago by demons, incubi and sukubi,

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00:40:42,000 --> 00:40:46,000

they would take sexual, steal sexual favors from them.

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00:40:46,000 --> 00:40:50,000

Now, of course, the entire phenomenon of the sukubi and the incubi

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has been replaced with the alien abduction,

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because that's the society in which we live.

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The history of UFOs began in 1947.

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Books on UFOs had existed for 20 years before that,

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which meant that American readers were already familiar

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00:41:07,000 --> 00:41:11,000

with the concepts of disc-shaped crafts, flying saucers,

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00:41:11,000 --> 00:41:16,000

and small pilots with big heads, small pilots who abduct people.

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It was all there in American science fiction magazines.

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So it could be said that these alien stories

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were all simply based on these fictional models.

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We live in a world of mass culture.

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If we are European or Canadian,

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we are very influenced by American mass culture.

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Let's not forget that thousands of stories have been influencing people

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since the 1920s and 1930s,

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plus there were all those sci-fi movies from the 1950s

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depicting alien invasions.

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Even American cartoons featured aliens.

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That's a lot of exposure to the idea of aliens,

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00:41:57,000 --> 00:42:00,000

and I think that people's minds just got saturated.

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To put it in visual terms, it's like we're living in a big fish tank.

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00:42:05,000 --> 00:42:08,000

So it seems to me that it must be difficult to distinguish

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00:42:08,000 --> 00:42:11,000

between a fake abduction and a genuine one.

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00:42:11,000 --> 00:42:14,000

I think that as soon as potential scenarios are presented,

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00:42:14,000 --> 00:42:17,000

that's good enough for me personally.

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Barney and Betty Hill's story has become part of the universal mass culture.

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00:42:27,000 --> 00:42:31,000

Like all stories that stimulate the imagination of the masses,

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00:42:31,000 --> 00:42:34,000

no definite conclusions were ever reached.

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00:42:34,000 --> 00:42:37,000

People were more interested in believing their incredible story

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than in digging deeper.

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Some UFO experts claim that the Hill's story had to be true,

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since Betty mentioned a pregnancy test similar to amniocentesis,

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long before doctors began using this procedure.

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00:42:51,000 --> 00:42:55,000

Others say the proof lies in the star map drawn by Betty under hypnosis,

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which matches the double-star Zeta-1 and Zeta-2

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in the Zeta reticulized star system,

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discovered years after the Hill's incident.

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00:43:04,000 --> 00:43:10,000

But in actual fact, amniocentesis was done for the first time in 1882

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00:43:10,000 --> 00:43:14,000

and had been used in America since the 1930s.

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00:43:14,000 --> 00:43:16,000

As for Zeta-1 and Zeta-2,

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00:43:16,000 --> 00:43:20,000

the astronomer who discovered the dual nature of Zeta reticulite

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00:43:20,000 --> 00:43:22,000

changed his mind a few years ago

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00:43:22,000 --> 00:43:26,000

and decided that Zeta was not a double-star after all.

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00:43:26,000 --> 00:43:30,000

What's worse, Betty Hill's story followed practically verbatim

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the same storyline as the dream she spoke of a few weeks after the incident

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00:43:35,000 --> 00:43:38,000

in which she had been abducted by aliens.

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00:43:38,000 --> 00:43:41,000

Contrary to what some people may think,

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00:43:41,000 --> 00:43:44,000

dreams are not unconscious memories.

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00:43:44,000 --> 00:43:47,000

There are certainly some elements that support the Hill's testimony,

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like a blip on a radar screen that night,

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00:43:50,000 --> 00:43:52,000

the odd discoloration of Betty's dress,

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00:43:52,000 --> 00:43:55,000

and the strange amnesia that they both experienced.

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00:43:55,000 --> 00:43:58,000

But none of these elements

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00:43:58,000 --> 00:44:04,000

are enough to prove without a doubt that alien abductions are real.

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00:44:04,000 --> 00:44:06,000

The things we have to look at,

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the first thing is that the reports these people give us

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00:44:09,000 --> 00:44:13,000

are actually incredibly similar to the reports of near-death experience

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00:44:13,000 --> 00:44:16,000

when we strip them down to the type of report we're getting,

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00:44:16,000 --> 00:44:20,000

or to the shamanic journey undertaken by shaman of less technological cultures

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00:44:20,000 --> 00:44:24,000

when they take drugs or whatever to get to near-death themselves,

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00:44:24,000 --> 00:44:27,000

where they go to the twilight world of their gods,

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00:44:27,000 --> 00:44:30,000

and they commune with their gods and bring that information back

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00:44:30,000 --> 00:44:32,000

to become leaders of their communities.

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Actually, there are so many similarities

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that the abduction phenomenon could be an aspect of that.

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Why would it have flying saucers and all this kind of Star Trek type technology?

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00:44:42,000 --> 00:44:46,000

Because the West is a Star Trek-driven type of place.

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So when shaman go to their world, they go there

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because it is in keeping with, say, the aboriginal dream time mythology.

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Our mythology is Captain Kirk and Picard and the Star Trek.

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And we have those experiences, genuinely have them.

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00:44:59,000 --> 00:45:01,000

I think we filter them through an interpretation,

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00:45:01,000 --> 00:45:03,000

which is to do with science fiction.